

Continuing Professional Development Log

Continuing Professional Development (CPD) is your membership commitment to maintain and develop your knowledge, skills and competencies throughout your career. CPD is a lifelong activity that will enable you to develop your true potential.

As a full IVM member you must complete at least 20 hours of CPD per year, of which 10 hours must be formal learning and 10 hours of informal learning.

Name: _____ **Membership Number:** _____

Covering the Period

From: _____ **To:** _____

ADD ROWS AS NECESSARY:

Date	Activity Type (formal/informal)	What did you do?	What did you learn from this?	Hours